

# Removing a surgical face mask



**Wash or sanitise your hands**



**Do not touch the mask**



**Gently remove using ear loops**



**Dispose of in a lidded bin**



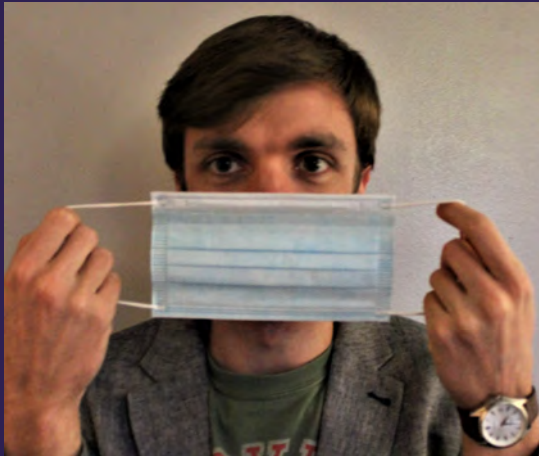
**Wash or sanitise your hands**



# Wearing a surgical face mask



**Wash or sanitise your hands**



**Cover your nose and mouth**



**Secure loops over your ears**



**Secure to your nose and  
cover your chin**



**Do not touch the outside of  
the mask**

