

## Objective Activity Case-Based Discussion Reflection

*Disclaimer: this form has been produced by APM, not by the GOsC.  
It addresses the requirement that you provide the information below to your Peer  
(for your Peer Discussion Review) if you used a case-based discussion as your objective activity.*

**What was the aim of the case-based discussion?**

**Why did you choose this particular objective activity?**

**Knowledge and skills gained**

What knowledge, skills or other insights did you gain from taking part?

### **What were the results of this discussion?**

Explain the key learning points - what went well, what could have been done better, what was missed?

### **Osteopathic Practice Standards**

Which of the four themes of the OPS were addressed by this activity?

### **Conclusions**

This should include a review of the method chosen, a summary of the strengths identified and a summary of areas for development

### **Action Plan**

How have these areas of development been met, or how will they be met?