## **CPD EVENT RECORD**

## **Case-Based Discussion**

## Summary

This discussion followed up on an earlier discussion of a 27-year-old man with a diagnosis of SIJ pain and sciatica. The pain was untouched by analgaesics, was worse in the morning and was eased by movement. Imaging (type unknown) had been requested but the results were not yet available. The group questioned the diagnosis, which seemed to have been reached through elimination, rather than indication. Alternatives, including pelvic floor/obturator dysfunction, bursitis, and disc involvement were considered. Treatment options were proposed and there was extensive discussion of the consent issues regarding one technique where the patient is invited to sit on the practitioner's hands. It was agreed that it was essential to thoroughly describe the technique, demonstrate on a model if possible and explain the purpose. It was not felt that written consent was necessary, but a detailed record of the consent procedure should be kept in the case history.

Live Event: Learning With Others



Evaluation, Reflection and Impact on Practice (this part of the certificate is not automatically generated - it has been entered by the participant)