

Case-Based Discussion

12th January 2022

Case 2

A 65 yr old district nurse

Fell New Year's Eve (carrying a load, tripped over something while trying to move it out of the way FOOSH on right

Went to A&E as wrist blew up like a balloon. NAD, discharged with 'come back if there are any problems'.

Eight days later, doing up her bra behind her back, intense shooting pains around medial elbow, such that she yelps. She is an extremely stoic person so this means intense pain.

Circulation to median nerve distribution (ie lateral digits) compromised – digits blue tinge and swollen. Went back to A&E – no # therefore 'its muscle'.

Patient type 2 diabetic. Mentioned being unable to lie on her right for last 2 years as she gets pins and needles & numbness

Remote consultation: any ideas for mechanism of injury (? Related to fall) and anything to remedy?