



Resources

This is my community interest company [Plant-Based Health Professionals UK](#) which has loads of free resources, webinars and the factsheets are very popular.

[This](#) is the course I run at the University of Winchester on Plant-Based Nutrition

My [first book](#) is Eating Plant-Based, Scientific Answers to Your Nutrition Questions

The recent multi author [textbook](#) is Plant-Based Nutrition in Clinical Practice

This is [my article](#) on diet and non-hodgkin lymphoma. You have to register for free and then it can be downloaded.