



# EdACHE

**Education and Assessment for Competence in Headaches**

# Is it important?

- **90% of people** will experience a Primary Headache in their lifetime.
- **4% of adults consult a GP** each year in UK with headache or migraine.
- Direct cost of treating a headache patient averages at **£468** p.p. per year, spent principally on GP appointments and medication.
- 83.000 headache patients in England will miss work or school every day, equal to **20 million lost days of productivity per year** (Steiner et al 2003).

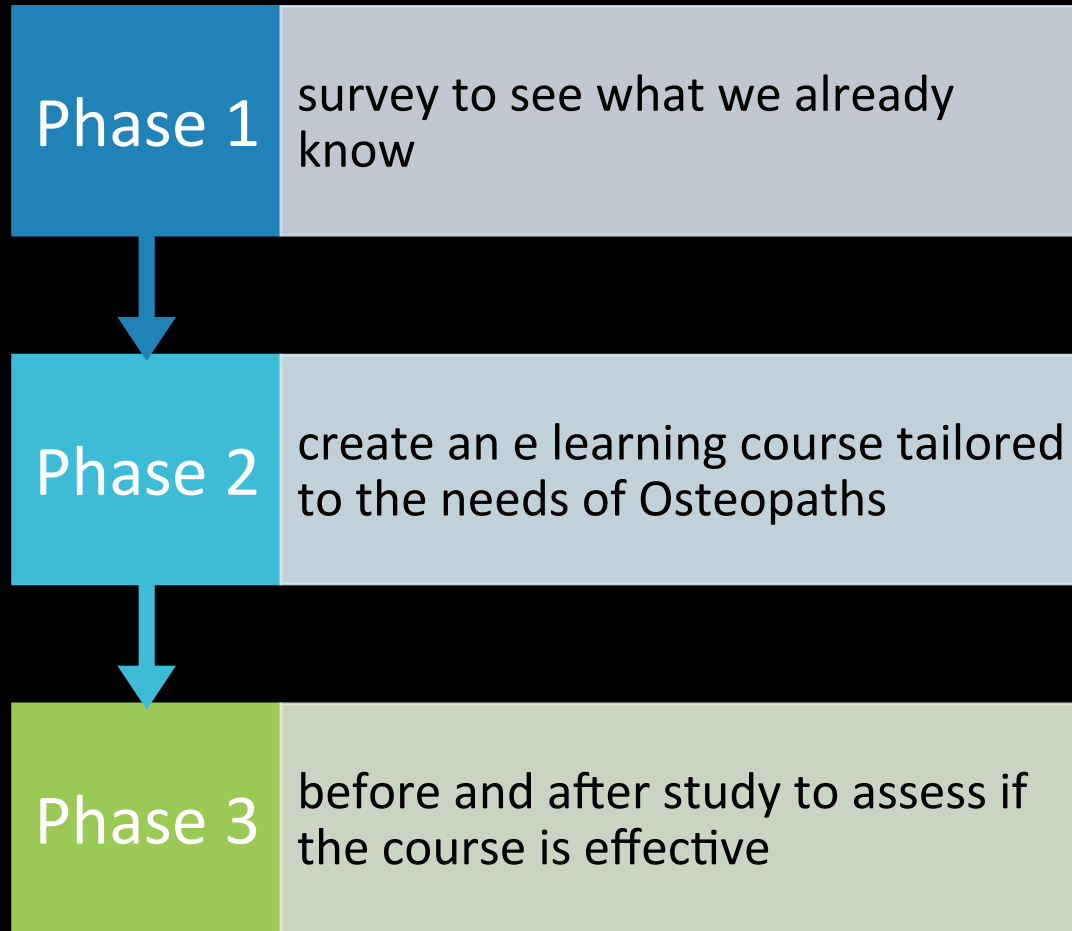
**WHY?**

Diagnostic confidence in  
the clinic room

Best practice

Research

**What?**




**WHO?**

All UK  
Registered  
Osteopaths



Other allied  
health  
professionals



Promotion in  
September

Recruiting in  
October

GOING LIVE  
21<sup>ST</sup>  
OCTOBER

# COLLABORATION

BASH

University of Copenhagen MHD

Osteopathic Foundation

University College Osteopathy

iO





FOR OSTEOPATHS BY OSTEOPATHS  
COMING SOON

OPHM - Osteopathic Foundation - UCO





GOING LIVE ON OCTOBER 21st

# Social media video



## What do we know about headaches?

😊☑ **Are you a UK registered osteopath**



Do you have **15** minutes to complete  
an anonymous questionnaire?

YES. Thank you. Please click **here**.

EdACHE: A Osteopathic Foundation (OF) funded research project to assess current knowledge and develop an e-learning course to promote headache education amongst UK osteopaths. To be conducted by Osteopaths for the Progress of Headache and Migraine (OPHM) in collaboration with University College of Osteopathy (UCO).

For more info please contact Elizabeth Huzzey, Principal Investigator of the EdACHE project, OPHM founder member, Email [elizabeth.huzzey@ophm.org](mailto:elizabeth.huzzey@ophm.org) / Mobile number 07976 218252



**University College  
of Osteopathy**



**The OSTEOPATHIC  
FOUNDATION**

