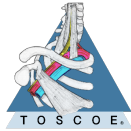


Thoracic Outlet Syndrome



Rob Patterson

Consultant Orthopaedic Physiotherapist
Thoracic Outlet Syndrome Centre of Excellence

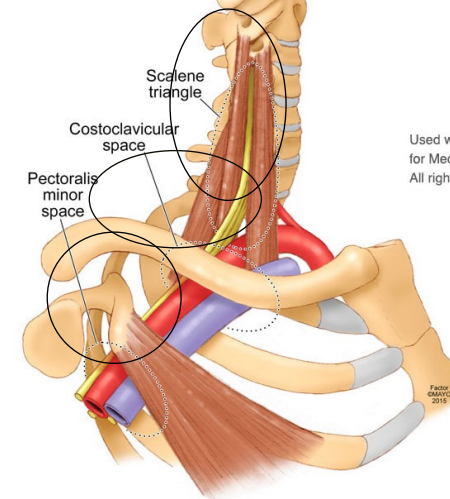
rob@cheringtonpractice.co.uk



1

Thoracic Outlet Syndrome (TOS)

Neurogenic Venous Arterial

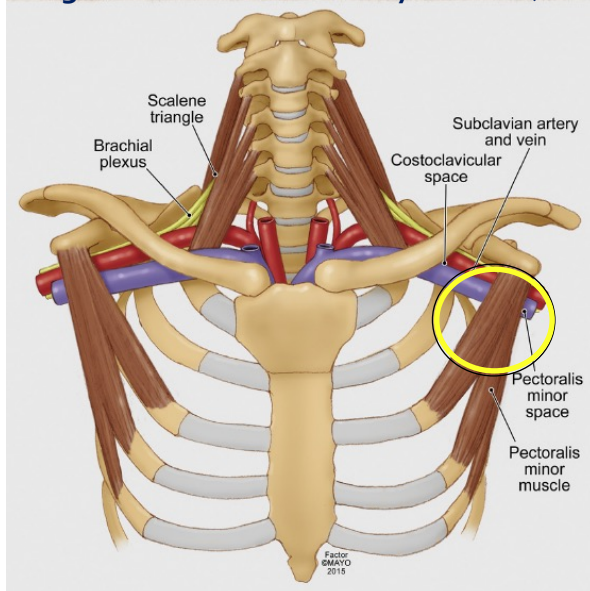


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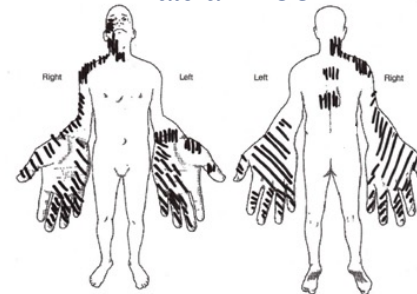
2

Neurogenic Thoracic Outlet Syndrome (NTOS)

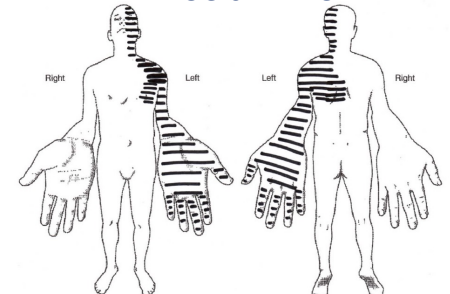
Neurogenic Pectoralis Minor Syndrome (NTOS)



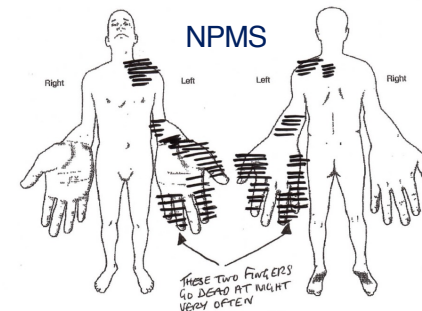
Bilateral NTOS



NTOS & NPMS



NPMS



NTOS Diagnostic Criteria

1. LOCAL SYMPTOMS

2. PERIPHERAL SYMPTOMS

3. ABSENCE of competing diagnosis

4. SCALENE BLOCKS

K. Illig et al 2016

5

Elevated Arm Stress Test (EAST)



6

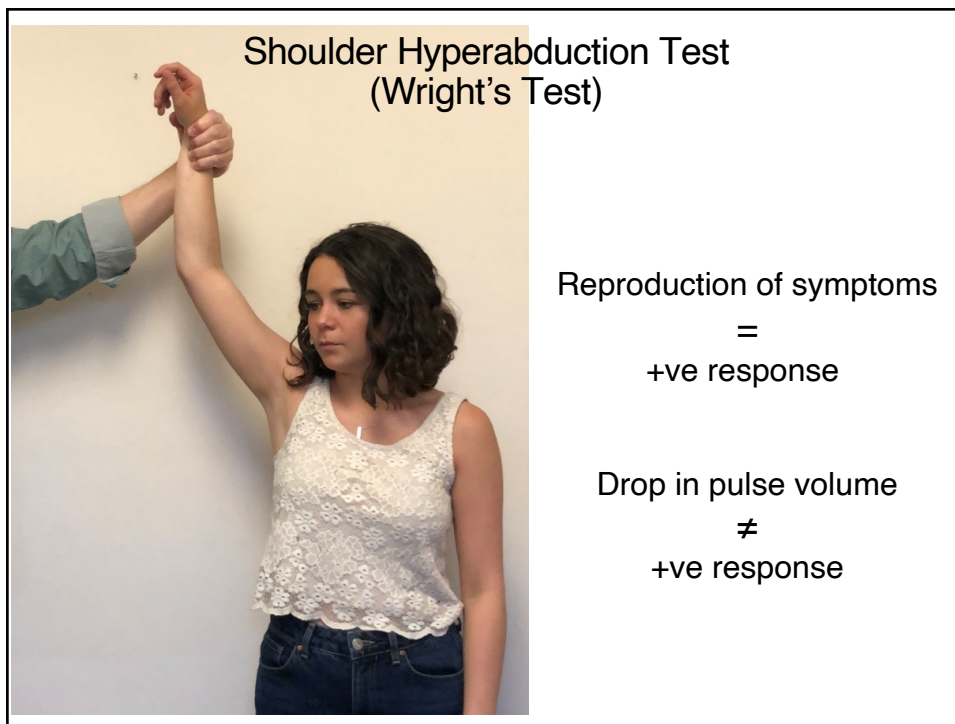
Upper Limb Tension Test (ULTT)



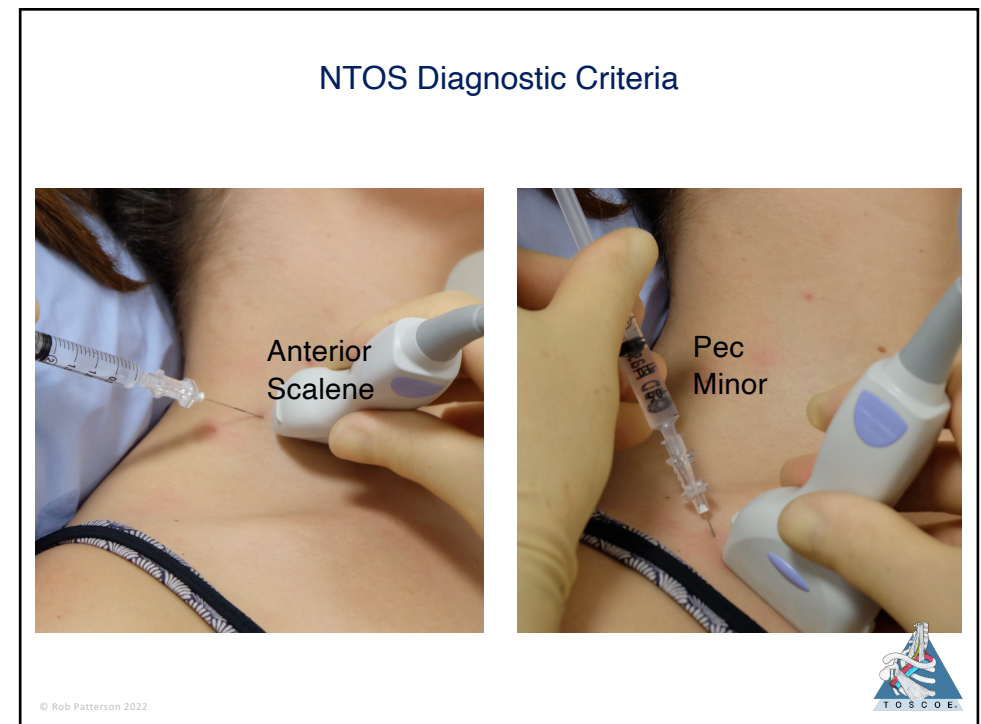
Stage 3

Costoclavicular Compression Test (Eden's Test)





9



10

