## CPD EVENT RECORD MYOGENIC THORACIC OUTLET SYNDROME

**Live Event:** Learning With Others

with Prof Bob Gerwin and Simeon Niel-Asher

This discussion provided a detailed insight into the relevant antomy with regard to the various forms of Thoracic Outlet Syndrome. The evidence behind what was once standard practice, the surgical removal of the first rib, was explored and the role of cervical ribs explained. In particular, the speakers dwelt on the role of trigger points, especially in the scalene muscles, explaining how these could be dealt with safely through dry needling.

Differential diagnosis was covered, including the possibility of Parsonage Turner Syndrome as well as the distinction between neurological and vascular TOS.



**Evaluation, Reflection and Impact on Practice** (this part of the certificate is **not** automatically generated - it has been entered by the participant) This training was a very helpful revision of anatomy affecting the thoracic outlet, with useful guidance on treatment options. It will help with my diagnosis and patient care, enabling me to deliver better treatment.