

# CPD EVENT RECORD - LEARNING WITH OTHERS

## SHOCKWAVE THERAPY

with James Woledge

**LIVE EVENT**

18th March 2025

**90**  
minutes

### Summary

This discussion examined updates on research relating to shockwave therapy, as well as explaining the different modalities and the specific role of each in therapy. Use of shockwave therapy in conjunction with diagnostic ultrasound was demonstrated, with the limitations of shockwave therapy made clear.

NICE Guidelines: Extracorporeal shockwave therapy... IPG311, IPG 742, IPG 571, IPG 313, IPG 376

### Principles and Standards of Practice

OSTEOPATHIC THEMES (Osteopathic Practice Standards 2019)

- A. Communication and patient partnership: A3
- B. Knowledge, skills and performance: B1, B2, B3, B4
- C. Safety and quality in practice: C1

### Certification

This certificate confirms that

**Stephen Stuart**

**Bumstead**

participated in this CPD event



**S L BRUCE, APM Director**

*Please note: the time shown on the certificate reflects the duration of the event. When claiming your CPD, you should ensure that you only claim for the time you were present. In the event of an audit, APM records can be used to show the time at which you logged in.*

### Evaluation, Reflection and Impact on Practice *(this part of the certificate is **not** automatically generated - it has been entered by the participant)*

This discussion has reinforced my understanding of integrating shockwave therapy with other treatment modalities and with rehabilitation strategies. I now feel better able to advise patients both on their suitability for shockwave therapy and on what they should expect from treatment.