CPD EVENT RECORD

Case-Based Discussion - Cauda Equina Syndrome



Summary

Obtain informed consent

for all aspects of patient

This discussion concerned a 50-year-old man, who presented at an osteopathic clinic with unilateral leg pain. This had started as a 10/10 hamstring pain, but then progressed to calf and foot. He was also suffering urinary retention. He had been discharged by A&E 4 days prior to his osteopathic appointment, with no imagery or treatment.

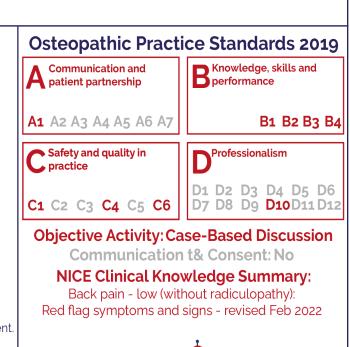
The bulk of the discussion concerned the warning signs of cauda equina syndrome and the difficulty in communicating the urgency of the problem to the NHS. The value of polite, but forceful communication, even with those one might expect to be better informed (ie consultants), was emphasised. The osteopath presenting the case was complimented on his patient handling, in particular where he had made a private appointment for MR imaging as a precaution, in case the NHS had refused.

Chiropractic Code 2016 Act with honesty & Put the health interests of A Put the healt patients first integrity. Maintain the highest standards of professional/personal conduct B1 B2 B3 B4 **B5** B6 B7 B8 B9 A1 A2 A3 A4 A5 A6 A7 Provide a good standard of









Evaluation, Reflection and Impact on Practice (this part of the certificate is **not** automatically generated - it has been entered by the participant)

ptoms of CES, as well as the NHS guidelines regarding red flags. More than anything, it has helped me feel more confident about the prospect of havin