

CPD EVENT RECORD

Live Event:
*Learning
With Others*

Case-Based Discussion - Cauda Equina Syndrome

Summary

This discussion concerned a 50-year-old man, who presented at an osteopathic clinic with unilateral leg pain. This had started as a 10/10 hamstring pain, but then progressed to calf and foot. He was also suffering urinary retention. He had been discharged by A&E 4 days prior to his osteopathic appointment, with no imagery or treatment.

The bulk of the discussion concerned the warning signs of cauda equina syndrome and the difficulty in communicating the urgency of the problem to the NHS. The value of polite, but forceful communication, even with those one might expect to be better informed (ie consultants), was emphasised. The osteopath presenting the case was complimented on his patient handling, in particular where he had made a private appointment for MR imaging as a precaution, in case the NHS had refused.

Chiropractic Code 2016

A Put the health interests of patients first

A1 A2 **A3** A4 A5 A6 A7

C Provide a good standard of clinical care and practice

C1 C2 C3 **C4** C5 C6 C7 C8 C9

E Obtain informed consent for all aspects of patient care

E1 E2 E3 E4 E5 E6 E7

G Maintain, develop and work within your professional knowledge and skills

G1 G2 G3 G4 **G5** G6

B Act with honesty & integrity. Maintain the highest standards of professional/personal conduct

B1 B2 B3 B4 **B5** B6 B7 B8 B9

D Establish and maintain a clear professional relationship with patients

D1 D2 D3 D4

F Communicate properly and effectively with patients, colleagues and other healthcare professionals

F1 F2 **F3** F4 F5 F6

H Maintain and protect patient information

H1 H2 H3 H4 H5 H6 H7

Certification

This certificate confirms that
Rachel Prince
participated in this CPD event


S L BRUCE, APM Director

45
minutes

Learning with Others
Live, online discussion
11th May 2022

Confirmation

I confirm that this is an accurate reflection of my learning during this event.

Signed:

Osteopathic Practice Standards 2019

A Communication and patient partnership

A1 A2 A3 A4 A5 A6 A7

B Knowledge, skills and performance

B1 B2 B3 B4

C Safety and quality in practice

C1 C2 C3 **C4** C5 C6

D Professionalism

D1 D2 D3 D4 D5 D6
D7 D8 D9 **D10** D11 D12

Objective Activity: Case-Based Discussion

Communication t& Consent: No

NICE Clinical Knowledge Summary:

Back pain - low (without radiculopathy):

Red flag symptoms and signs - revised Feb 2022


Academy
of PHYSICAL MEDICINE

Evaluation, Reflection and Impact on Practice (this part of the certificate is **not** automatically generated - it has been entered by the participant)

This was a valuable reminder of the signs and symptoms of CES, as well as the NHS guidelines regarding red flags. More than anything, it has helped me feel more confident about the prospect of having to refer suspected CES to A&E, which I anticipate will lead to better outcomes for patients.