## **CPD EVENT RECORD**

## **Case-Based Discussion**



This discussion focused on headaches, and was illustrated and informed by 2 case studies. In one, the likely cause was trauma, while in the other the headache was not the reason for presentation, but the question concerned how a practitioner raised the possibility that they could help with a potentially sceptical patient.

Various approaches were explored, including cranio-sacral/sacro-occipital, soft tissue, articulation and manipulation. The value of the EdACHe process was recommended as an evidence-informed means of identifying the type of headache and best means of treatment.



**Evaluation, Reflection and Impact on Practice** (this part of the certificate is **not** automatically generated - it has been entered by the participant)

Although this discussion concerned headaches, the main value was in exploring communication issues and it is always useful to be reminded of these. It was also useful to be reminded that sudden onset of headache can be a symptom of CVA.