



Continuing Professional Development

Participated in the 10-hours learning with others and 3 hours self-directed learning CPD course 'Reappraising Entrapment Neuropathies' on 30 November and 1 December 2024

Reappraising Entrapment Neuropathies – 30 November and 1 December 2024

Summary of Osteopathic Practice Standards and other CPD elements covered

B Knowledge, skills and performance B1, B2, B3

C Safety and quality in practice C1

Learning outcomes

- To enable the participants to understand the basic principles of pain physiology associated with entrapment neuropathies and to incorporate this knowledge into their reasoning framework
- To be familiar with the practical performance and interpretation of bedside neurological testing and quantitative sensory testing methods in the context of entrapment neuropathies
- To understand the clinical framework for subgrouping different types of spinally referred pain
- To be competent in designing a targeted intervention for patients with entrapment neuropathies and to interpret changes associated with the delivered intervention

Reflection

- What were your reasons for undertaking the activity?
- What knowledge and skills did you gain?
- What impact is this activity likely to have on your practice as an Osteopath?
- Has the activity highlighted any other learning needs and if so, how will these be addressed?
- Overall reflection