

4 hours

19/10/22

Home Clinic Group meeting with Peer

In considering a complex case we discussed the surgical merit and the difficulties in providing Conservative treatment in addition to what is already a surgically complicated spine. We discussed the various levels of consideration in such a case and how to both communicate and establish safe boundaries was seriously considered. Further to this we practically explored various techniques considered potentially applicable; harmonics and positional release were relevantly practised.

In reflection; This patient presents a challenging case, which threw up a number of diagnostic possibilities. It was helpful to hear my peers approach to the problem and this will inform my own handling of future patients. This all further to working hypothetically on a patient presenting with complex physical, emotional and psychological aspects needing consideration.