## **CPD EVENT RECORD**

## **Case-Based Discussion**

This discussion concerned the extent to which a practitioner should accommodate, or be influenced by, a patient's desire for specific treatment. While it was agreed that treatment had to be driven by the practitioner's findings and diagnosis, it was also felt that they needed to take account of the patient's wishes, if only to encourage trust in the practitioner and set the stage for good outcomes. Safety, of course, was deemed to be paramount.

A number of strategies were proposed, many revolving around good communication techniques.

Where a practitioner's decision did not coincide with the patient's preference, the need for clear consent was emphasised, particularly when the patient had stated a wish NOT to have a specific treatment.



## Evaluation, Reflection and Impact on Practice (this part of the certificate is not automatically generated - it has been entered by the participant)

Hearing the views of other practitioners on the problem of dealing with a patient who tries to dictate treatment was very helpful. It was also a useful reminder that I must be careful that my desire to help does not adversely affect my clinical decision-making.