CPD EVENT RECORD

JOINING THE TREATMENT DOTS

with Christina Raven

Live Event:Learning With Others

Summary

This discussion was a wide-ranging exploration of health issues and treatment options. The speaker related her own experience of headaches as a result of head injury which was only recognised after several years.

Among treatment options, the benefits of touch, dancing, movement generally and singing were outlined. The benefits of Emotional Freedom Technique were also covered in some detail.

The speaker also detailed her own perception of the value of insurance, particularly for critical illness, to the self-employed practitioner.



Evaluation, Reflection and Impact on Practice (this part of the certificate is **not** automatically generated - it has been entered by the participant)

I had not considered some of the options for improving treatment outcomes which were covered in this discussion. They have given me food for thought in how I might advise my own patients in future.