**MYOFASCIAL TECHNIQUE FOR THE NECK AND THORAX WORKSHOP**

Friday 21st March – 9am to 11am

61 Godfrey Way

Dunmow

CM6 2SE

Two hours CPD using Fascial Release for Structural Balance by Janes Earls and Thomas Myers (Lotus Publishing 2010). Predominately based on techniques in chapters 7,8 and 9 p 155 – 266

Nicholas Barber

(Registered Osteopath)

Kim Barber

(Sports Massage Therapist)