## **CPD EVENT RECORD**

## PATIENT HANDLING AND TREATMENT (3)

with Prof Laurie Hartman



## **Summary**

This was a demonstration of a complete treatment process, including greeting the patient, history taking and treatment. It was followed by a 15-minute question-and-answer session, during which Prof Hartman explained why he had taken the approach he did. In this case the patient was a 55-year-old female tube-train driver, with neck and lower back pain.



**Evaluation, Reflection and Impact on Practice** (this part of the certificate is **not** automatically generated - it has been entered by the participant)

This rare opportunity to watch a highly experienced practitioner go through a full treatment process was very useful in reminding me of the need to make sure treatments are concise and focused. In this case Prof Hartman's minimal force approach to the neck was illuminating, as was his identification of the key lesions to treat. I can make use of much of this to improve my own patient outcomes.