CPD EVENT RECORD

CANCER: PREVENTION AND REVERSAL

with Dr Shireen Kassam, Consultant Haematologist



Dr Kassam explained the role of diet in helping to prevent and possibly reverse chronic diseases, including her own speciality, cancer. She was at pains to explain the extent and strength of the evidence behind her approach, and made it clear that diet alone is unlikely to be enough to overcome chronic diseases. However, she was able to explain how some foodstuffs or supplements could act synergistically with conventional, dsrub-based approaches.



Evaluation, Reflection and Impact on Practice (this part of the certificate is **not** automatically generated - it has been entered by the participant)

What Dr Kassam said supports my own long-

standing belief about the importance of nutrition in wellbeing. Knowing that there is evidence to support this, even in severe, chronic diseases gives me the confidence to provide valuable advice to patients.