

CPD EVENT RECORD - LEARNING WITH OTHERS

NON-SURGICAL SPINAL DECOMPRESSION

with Rob Shanks

LIVE EVENT

3rd December 2024

90
minutes

Summary

The discussion explored the principles, mechanisms, and clinical applications of non-surgical spinal disc decompression using IDD therapy. It covered patient selection, treatment protocols, and the therapy's physiological benefits. Emphasis was placed on professional candour, ensuring patient safety, and maintaining effective communication. This session provided insights into integrating evidence-based approaches within osteopathic and chiropractic practices.

NICE Guidelines: NG 59: Low back pain and sciatica in over 16s: assessment and management (last revised December 2020).

Principles and Standards of Practice

OSTEOPATHIC THEMES (Osteopathic Practice Standards 2019)

- A. Communication and patient partnership: A1, A2, A3
- B. Knowledge, skills and performance: B1, B2, B3, B4
- C. Safety and quality in practice: C1
- D. Professionalism: D1, D3, D10


This discussion is relevant to Communication and Consent.

Certification

This certificate confirms that

Juliet Westwell

participated in this CPD event



S L BRUCE, APM Director

Please note: the time shown on the certificate reflects the duration of the event. When claiming your CPD, you should ensure that you only claim for the time you were present. In the event of an audit, APM records can be used to show the time at which you logged in.

Evaluation, Reflection and Impact on Practice *(this part of the certificate is **not** automatically generated - it has been entered by the participant)*

below:

This discussion has enhanced my understanding of IDD therapy's role in treating spinal radiculopathy. This will help me achieve better patient outcomes by enabling me to determine when IDD could be of use to my patients.