

CPD EVENT RECORD - LEARNING WITH OTHERS

CASE BASED DISCUSSION

with Claire Short

LIVE EVENT

25th March 2025

50
minutes

Summary

Two cases were discussed: one involving an acute pubic symphysis dysfunction in an equestrian, the other a chronic torticollis in a middle-aged patient with learning difficulties and other healthcare challenges. Approaches to assessment and treatment were explored.

NICE Guidelines: CKS, Neck pain - acute torticollis, Revised in October 2023

Principles and Standards of Practice

OSTEOPATHIC THEMES (Osteopathic Practice Standards 2019)

- A. Communication and patient partnership: A1, A5, A6
- B. Knowledge, skills and performance: B1, B2, B3, B4
- C. Safety and quality in practice: C1, C6
- D. Professionalism: D10

This discussion is somewhat relevant to Communication and Consent.
This discussion constitutes an Objective Activity.

Certification

This certificate confirms that

Kieran Chhabra

participated in this CPD event



S L BRUCE, APM Director

Please note: the time shown on the certificate reflects the duration of the event. When claiming your CPD, you should ensure that you only claim for the time you were present. In the event of an audit, APM records can be used to show the time at which you logged in.

Evaluation, Reflection and Impact on Practice *(this part of the certificate is **not** automatically generated - it has been entered by the participant)*

Both cases were interesting. The torticollis problem was particularly unusual and challenging. I felt that the emphasis on looking beyond the immediate problem (in both cases) was valuable, and the suggestions offered were helpful. These are factors that I will take into account when presented with similar cases in the future.