CPD EVENT RECORD

ACL AND MENISCAL TEARS

with Mr Ian McDermott



The speaker first put paid to the commonly-held belief that there is no place for arthroscopic surgery. He explained when it was appropriate and when not, but did emphasise that there are almost no circumstances when a knee wash-out is appropriate, in the absence of any other concurrent arthroscopic intervention. He also outlined the decision pathways for determining whether conservative care or surgery was appropriate.

Regarding ACL reconstruction, again he explained how to assess whether surgery or conservative care was best, and explained which cases were likely to do well after reconstruction.



Evaluation, Reflection and Impact on Practice (this part of the certificate is **not** automatically generated - it has been entered by the participant)

This was a useful summary of the indicators for surgery or other care and will be very helpful in my clinical decision-making, as well as in my ability to explain their options clearly to patients.