CPD EVENT RECORD

CONCUSSION: RECOGNITION AND TREATMENT

with Cameron Marshall, Donna Sanderson-Hull and Nicola Hunt



The mechanism of concussion injuries was explained in detail - the stretching of axons and the consequent transient impairment to neurological function. This is not detectable on MRI or other imaging.

The speakers emphasised the substantial evidence for the role of physical therapy in addressing concussion and post-concussion syndrome. They also demonstrated a clinical testing procedure for assessing head injury.



Evaluation, Reflection and Impact on Practice (this part of the certificate is **not** automatically generated - it has been entered by the participant)

This CPD was useful in reminding me of the many ways in which concussion might present and the possible chronicity. It is reassuring to hear that there is considerable evidence to support the use of physical therapy in treating the condition, and this will help me in providing the best care to my patients.