



University College of Osteopathy

Continuing Professional Development

Participated in the 8-hours online CPD learning with others

‘Deformational plagiocephaly-a complete guide for beginners CPD course’ on
25-26 February 2023

Certified by:

Charles Hunt DO PgCert
Vice Chancellor



University College of Osteopathy

Deformational plagiocephaly-a complete guide for beginners- 25-26 February 2023

Summary of Osteopathic Practice Standards and other CPD elements covered

- A) Communication and patient partnership A1, A2, A3, A4, A5
- B) Knowledge skills and performance B1, B2, B3, B4
- C) Safety and quality in practice C1
- D) Professionalism D1, D3, D9, D10

Learning outcomes

- Identify different types of torticollis and cranial deformities
- Understand how to manage infants with DP, IPA and CMT, to include diagnosis and follow-up
- Compare the guidelines with the evidence for management of these conditions
- Gain experience of treating these conditions in infants with osteopathic techniques
- Take away an important tool for practitioners to offer parents in the ongoing management of plagiocephaly

Reflection

- What were your reasons for undertaking the activity?
- What knowledge and skills did you gain?
- What impact is this activity likely to have on your practice as an Osteopath?
- Has the activity highlighted any other learning needs and if so how will these be addressed?
- Overall reflection