CPD EVENT RECORD - LEARNING BY ONESELF THE EVIDENCE BASE AND OVERWHELM



with Joanne Elphinston

Summary

This discussion focuses on the challenges and pressures that healthcare practitioners, particularly those in manual therapy fields like osteopathy and chiropractic, face with the increasing emphasis on evidence-based practice. The complex nature of human patients often does not fit neatly into the protocols and algorithms that evidence-based practice can promote. This can lead to feelings of overwhelm, self-doubt, and fear among practitioners.

NICE Guidelines:

Principles and Standards of Practice

OSTEOPATHIC THEMES (Osteopathic Practice Standards 2019)

- A. Communication and patient partnership: A1, A2, A3, A5
- B. Knowledge, skills and performance: B1, B2, B3, B4
- C. Safety and quality in practice: C1

This discussion is highly relevant to Communication and Consent.

Certification

This certificate confirms that

Joanna Christophe

participated in this CPD event

S L BRUCE, APM Director

Please note: the time shown on the certificate reflects the duration of the event. When claiming your CPD, you should ensure that you only claim for the time you were present. In the event of an audit, APM records can be used to show the time at which you logged in.

Evaluation, Reflection and Impact on Practice (this part of the certificate is **not** automatically generated - it has been entered by the participant)

