CPD EVENT RECORD PSYCHOSEXUAL THERAPY

with Dr Gillian Vanhegen

Summary

This discussion explored aspects of communication related to psychosexual problems. Non-verbal cues and warnings were considered, as well as appropriate responses to a patient revealing sensitive information of this nature. The need to adapt one's communication to suit the situation and the patient was explained.

Live Event:

Learning With Others

The importance of observing boundaries was recognised, together with the need to remain conscious of the limits of one's expertise, referring to more qualified practitioners where necessary.

Accurate note-taking was emphasised, as this is an aspect of practice which could easily lead to misunderstandings and, potentially, complaints. The role of the chaperone was also covered, and training opportuunities for both practitoner and chaperone discussed.



Evaluation, Reflection and Impact on Practice (this part of the certificate is not automatically generated - it has been entered by the participant)

This was an important reminder that patients might have underlying emotional problems of a very sensitive nature, and the guidance on how to handle situations where these are made known in clinic w as very helpful. It will contribute to my providing better advice to patients, and by helping them access appropriate psychotherapy will improve the results of my treatment for MSK problems.