## CPD EVENT RECORD TREATING UNSETTLED BABIES

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## Summary

This discussion approached the treatment of infants from a slightly unusual perspective - instead of fixing a label of, for example, "colic" to a set of symptoms, it looked at "unsettled" babies and how a practitioner might address the problem. A number of treatment options were explained and demonstrated, and it was also made clear that practitioners needed to keep within the scope of their training and be alert to signs indicating the need for referral elsewhere.

Advice that can be offered to parents was explained, including the rationale for it, and available/emerging evidence for the benefit of manual therapy was also discussed.



Evaluation, Reflection and Impact on Practice (this part of the certificate is not automatically generated - it has been entered by the participant)

I found this discussion fascinating and insightful. I now feel better able to advise parents on how to deal with their unsettled babies, and have some new techniques which I can use myself which could he lp calm their children.