

CPD EVENT RECORD - LEARNING WITH OTHERS

WOMEN'S HEALTH

with Dr Nikki Ramskill & Brooke Robinson

LIVE EVENT

14th April 2025

90
minutes

Summary

This discussion explored women's health from clinical and personal perspectives, covering diagnosis, management and lived experiences of menopause, premature ovarian insufficiency, prolapse, and pelvic floor issues. It highlighted the value of multidisciplinary collaboration, addressed the risks and benefits of HRT and testosterone, and made clear the value of personalised, evidence-based care. It also challenged misinformation and stressed some of the broader societal impacts of under-treated women's health issues.

NICE Guidelines: NG23 - Menopause, NG73 - Endometriosis, NG210 - Pelvic floor dysfunction

Principles and Standards of Practice

OSTEOPATHIC THEMES (Osteopathic Practice Standards 2019)

- A. Communication and patient partnership: A1, A2, A3, A5
- B. Knowledge, skills and performance: B1, B2, B3, B4
- C. Safety and quality in practice: C1
- D. Professionalism: D10

This discussion is highly relevant to Communication and Consent.

Certification

This certificate confirms that

Charlotte Parker

participated in this CPD event



S L BRUCE, APM Director

Please note: the time shown on the certificate reflects the duration of the event. When claiming your CPD, you should ensure that you only claim for the time you were present. In the event of an audit, APM records can be used to show the time at which you logged in.

Evaluation, Reflection and Impact on Practice *(this part of the certificate is **not** automatically generated - it has been entered by the participant)*