



Hands On Care

OSTEOPATHIC PRACTICE

Wessex Health Network, 17 Stour Road,
Christchurch BH23 1PL

Tel 01202 47 44 77

Certificate of attendance

This is to certify

Katherine Terry

& Michelle Hancock

Attended a clinic practice meeting on

23rd May 2025

For 2hrs of hours of Continuing Professional Development

Issues discussed.

1. Clinic Admin – Recording Patient Communication
 - o Introduced a separate template for logging phone calls and emails, to be stored within online patient notes.
2. Managing Recall Notes
 - o Identified an issue with recall notes lingering in the diary post-actioning, skewing appointment data. Plan discussed to clean these up after completion.
3. Heidi Health Practice Session
 - o Practiced creating a patient record using a role-play case.
 - o Trialled a new patient template to streamline history-taking and documentation.
4. Practical Palpation Session
 - o Followed a YouTube tutorial to palpate longus colli and longus capitis.
<https://m.youtube.com/watch?v=zH4EUcKP6w0>
 - o Focused on understanding their role in neck symptoms – weakness in deep neck flexors and over activity of SCM
5. CPD Summary – Degenerative Cervical Myelopathy (DCM)
 - o KT shared key points from a recent course.
 - o Discussed typical presentation, diagnostic challenges, and red flags for DCM.

Signed

Katherine Terry

Signed

Michelle Hancock

(this CPD session covered – B1, B2, B3, B4, C4, C2,)

Katherine Terry
BSc (Hons) Ost

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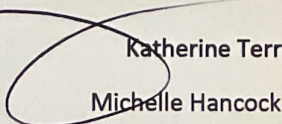
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