

# CPD EVENT RECORD

## INTRAMUSCULAR STIMULATION (DRY NEEDLING)

with Prof Bob Gerwin and Simeon Niel-Asher

**Live Event:**  
Learning  
With Others

### Summary

This was an in-depth course covering intramuscular stimulation of trigger points using dry needles for the relief of myofascial pain. Functional anatomy, identification of trigger points and use of needles was explained, demonstrated and practised under supervision. The need for good communication with the patient about the nature of dry needling and differences between it and Chinese acupuncture was explained. The need for valid consent was emphasised. Safety concerns were explained in depth, including health issues such as hepatitis, the need for good hygiene and in particular the possibility of causing a pneumothorax. Procedures to ensure that this did not occur were clearly explained and demonstrated.

### Chiropractic Code 2016

**A** Put the health interests of patients first

A1 A2 A3 A4 A5 A6 A7

**C** Provide a good standard of clinical care and practice

C1 C2 C3 C4 C5 C6 C7 C8 C9

**E** Obtain informed consent for all aspects of patient care

E1 E2 E3 E4 E5 E6 E7

**G** Maintain, develop and work within your professional knowledge and skills

G1 G2 G3 G4 G5 G6

**B** Act with honesty & integrity. Maintain the highest standards of professional/personal conduct

B1 B2 B3 B4 B5 B6 B7 B8 B9

**D** Establish and maintain a clear professional relationship with patients

D1 D2 D3 D4

**F** Communicate properly and effectively with patients, colleagues and other healthcare professionals

F1 F2 F3 F4 F5 F6

**H** Maintain and protect patient information

H1 H2 H3 H4 H5 H6 H7

### Certification

This certificate confirms that

**Mary Jolly**

participated in this CPD event

  
S L BRUCE, APM Director

**19**  
hours

**Learning with Others**

In-Person Course

9 -11<sup>th</sup> September 2022

### Confirmation

I confirm that this is an accurate reflection of my learning during this event.

Signed: .....

### Osteopathic Practice Standards 2019

**A** Communication and patient partnership

A1 A2 A3 A4 A5 A6 A7

**B** Knowledge, skills and performance

B1 B2 B3 B4

**C** Safety and quality in practice

C1 C2 C3 C4 C5 C6

**D** Professionalism

D1 D2 D3 D4 D5 D6  
D7 D8 D9 D10 D11 D12

Objective Activity: None  
Communication & Consent: No

  
Academy  
of PHYSICAL MEDICINE

### Evaluation, Reflection and Impact on Practice (this part of the certificate is **not** automatically generated - it has been entered by the participant)

This course has increased my ability to help patients by offering a new therapeutic protocol. I am now confident that I can use needles safely and effectively to deal with a wide variety of musculoskeletal problems