

# CPD EVENT RECORD

## Case-Based Discussion

**Live Event:**  
*Learning  
With Others*

### Summary

Two cases were discussed, both very unusual. In the first, a 69-year-old lady presented with acute, unilateral groin pain. GP and physio could not help, and xray was unremarkable. After MRI, the radiologist diagnosed Transient Osteoporosis, a condition more commonly seen in young men. An orthopaedic consultant advised hip replacement, despite the condition being known to resolve within a year. The second was a fit, 39-year-old man with CTJ/first rib pain, aggravated by lying down and driving. After 2 weeks there was significant atrophy of the pec major on the affected side. Diagnosis was Parsonage Turner Syndrome, but a significant lesson learned was the importance of asking patients to undress for examination, as the muscle wastage could have been missed.

### Chiropractic Code 2016

**A** Put the health interests of patients first

A1 A2 A3 A4 A5 A6 A7

**B** Act with honesty & integrity. Maintain the highest standards of professional/personal conduct

B1 B2 B3 B4 B5 B6 B7 B8 B9

**C** Provide a good standard of clinical care and practice

C1 C2 C3 **C4** C5 C6 C7 C8 C9

**D** Establish and maintain a clear professional relationship with patients

D1 D2 **D3** D4

**E** Obtain informed consent for all aspects of patient care

E1 E2 E3 E4 E5 E6 E7

**F** Communicate properly and effectively with patients, colleagues and other healthcare professionals

F1 F2 F3 F4 F5 F6

**G** Maintain, develop and work within your professional knowledge and skills

**G1** G2 G3 G4 G5 G6

**H** Maintain and protect patient information

H1 H2 H3 H4 H5 H6 H7

### Certification

This certificate confirms that  
**Robert Richardson**  
participated in this CPD event

  
S L BRUCE, APM Director

**45**  
minutes

**Learning with Others**  
Live, online discussion  
12<sup>th</sup> October 2022

### Confirmation

I confirm that this is an accurate reflection of my learning during this event.

Signed: .....

### Osteopathic Practice Standards 2019

**A** Communication and patient partnership

A1 A2 A3 A4 A5 A6 A7

**B** Knowledge, skills and performance

**B1 B2 B3 B4**

**C** Safety and quality in practice

**C1** C2 C3 C4 C5 C6

**D** Professionalism

D1 D2 D3 D4 D5 D6  
D7 D8 D9 D10 D11 D12

**Objective Activity: Case-Based Discussion**  
Communication & Consent: No

  
Academy  
of PHYSICAL MEDICINE

### Evaluation, Reflection and Impact on Practice *(this part of the certificate is **not** automatically generated - it has been entered by the participant)*

These cases were particularly useful as they are such rare conditions, and it will help me identify instances in future. The reminder of the importance of asking patients to remove relevant clothing, even if this might be inconvenient, was very pertinent.