# **CPD EVENT RECORD - LEARNING WITH OTHERS**

## CASE-BASED DISCUSSION

with Steven Bruce & Claire Short



50 minutes

#### **Summary**

This discussion explored three cases involving complex decision-making and red flags. One involved a woman presenting with LBP who also had signs of potential stroke. A second case involved MRI evidence of possible cauda equina syndrome and the third addressed an unsolicited email from a patient's partner, leading to ethical concerns around confidentiality and documentation. Across all cases, the importance of clinical judgement, safeguarding, consent, and professional candour was reinforced. Practitioners were encouraged to act decisively, communicate clearly, document appropriately, and reflect on their responses.

NICE Guidelines: NG128 - Stroke and TIA in over 16s: diagnosis and initial management

### **Principles and Standards of Practice**

OSTEOPATHIC THEMES (Osteopathic Practice Standards 2019)

- A. Communication and patient partnership: A1, A2, A3, A4, A5
- B. Knowledge, skills and performance: B1, B2, B3, B4
- C. Safety and quality in practice: C1, C2, C4
- D. Professionalism: D5, D10

This discussion is highly relevant to Communication and Consent.

This discussion constitutes an Objective Activity.

#### Certification

This certificate confirms that

Paul Keilbart

participated in this CPD event

S L BRUCE, APM Director

Please note: the time shown on the certificate reflects the duration of the event. When claiming your CPD, you should ensure that you only claim for the time you were present. In the event of an audit, APM records can be used to show the time at which you logged in.

**Evaluation, Reflection and Impact on Practice** (this part of the certificate is **not** automatically generated - it has been entered by the participant)

