

CPD EVENT RECORD

Case-Based Discussion

Live Event:
*Learning
With Others*

Summary

This case concerned a very active 31-year-old man, who suffered low back pain after 10 minutes' running. His gait showed limited knee flexion and a very hard heel-strike, and he found it difficult to flex hips and knees when dressing. He had a right-sided limp which had first been noticed at about the age of 11.

Factors which were considered included the possibility of trauma-induced cerebral palsy, FAIS, slipped capital femoral epiphysis, chronically shortened muscles, Perthes Disease and focal dystonia.

It was agreed that imaging was needed to try to identify a cause, and that this might include specific imagery to detect CP.

A number of treatment approaches were suggested, including harmonic technique, MET and pelvic realignment.

Chiropractic Code 2016

A Put the health interests of patients first

A1 A2 A3 A4 A5 A6 A7

C Provide a good standard of clinical care and practice

C1 C2 C3 **C4** C5 C6 **C7** C8 C9

E Obtain informed consent for all aspects of patient care

E1 E2 E3 E4 E5 E6 E7

G Maintain, develop and work within your professional knowledge and skills

G1 G2 G3 G4 G5 G6

B Act with honesty & integrity. Maintain the highest standards of professional/personal conduct

B1 B2 B3 B4 B5 B6 B7 B8 B9

D Establish and maintain a clear professional relationship with patients

D1 D2 D3 D4

F Communicate properly and effectively with patients, colleagues and other healthcare professionals

F1 F2 F3 F4 F5 F6

H Maintain and protect patient information

H1 H2 H3 H4 H5 H6 H7

Certification

This certificate confirms that

Rubina Ali

participated in this CPD event


S L BRUCE, APM Director

45
minutes

Learning with Others

Live, online discussion
9th November 2022

Confirmation

I confirm that this is an accurate reflection of my learning during this event.

Signed:

Osteopathic Practice Standards 2019

A Communication and patient partnership

A1 A2 A3 A4 A5 A6 A7

B Knowledge, skills and performance

B1 B2 B3 B4

C Safety and quality in practice

C1 C2 C3 C4 C5 C6

D Professionalism

D1 D2 D3 D4 D5 D6
D7 D8 D9 **D10** D11 D12

Objective Activity: Case-Based Discussion

Communication & Consent: No


Academy
of PHYSICAL MEDICINE

Evaluation, Reflection and Impact on Practice (this part of the certificate is **not** automatically generated - it has been entered by the participant)

This was a challenging case, which threw up a number of diagnostic possibilities. It was helpful to hear others' approach to the problem and this will inform my own handling of future patients.