

# CPD EVENT RECORD - LEARNING WITH OTHERS

## KNEE IMAGING

with Mr Ian McDermott

**LIVE EVENT**

2nd June 2025

**50**  
minutes

### Summary

The discussion focused on the role and limitations of knee imaging in clinical practice. It highlighted the unreliability of clinical tests and emphasised the need for high-quality imaging to make accurate diagnoses. Various imaging modalities - X-ray, ultrasound, CT, MRI, and bone SPECT - were reviewed for their strengths and appropriate uses. The conversation included a critique of NICE guidelines, arguing that they reflect cost-saving measures rather than best practice. The danger of misleading MRI reports, poor-quality scans, and over-reliance on imaging alone was emphasised. The discussion concluded with a strong recommendation for contextual clinical judgement, a low threshold for imaging, and an emphasis on clinician responsibility for accurate interpretation.

NICE Guidelines: CKS - What investigations are recommended for a person with knee pain?

### Principles and Standards of Practice

OSTEOPATHIC THEMES (Osteopathic Practice Standards 2019)

- A. Communication and patient partnership: A1, A2, A3
- B. Knowledge, skills and performance: B1, B2, B3, B4
- C. Safety and quality in practice: C1
- D. Professionalism: D1, D10

### Certification

This certificate confirms that

**Charlotte Parker**

participated in this CPD event



**S L BRUCE, APM Director**

*Please note: the time shown on the certificate reflects the duration of the event. When claiming your CPD, you should ensure that you only claim for the time you were present. In the event of an audit, APM records can be used to show the time at which you logged in.*

**Evaluation, Reflection and Impact on Practice** *(this part of the certificate is **not** automatically generated - it has been entered by the participant)*