## CPD EVENT RECORD MULTIDISCIPLINARY CARE - A 360° APPROACH

with Robin Lansman

This discussion concentrated on communication: within teams, between teams and with patients. A process for improving skills in this regard was described.

**Live Event:** 

Learning

With Others

In addition, modifications to the standard bridge and straight leg raise exercises were demonstrated, such that they could be used and adapted to patients with acute back pain.



**Evaluation, Reflection and Impact on Practice** (this part of the certificate is **not** automatically generated - it has been entered by the participant) This was a helpful exploration of communication techniques. The adapted bridge exercise will be a useful addition to my rehab protocols, particularly in acute patients.