

# CPD EVENT RECORD - LEARNING WITH OTHERS

## THE VAGUS NERVE

with Prof. Owen Epstein

**LIVE EVENT**

5th March 2025

**90**  
minutes

### Summary

This discussion covered the role of the vagus nerve in various physiological and medical conditions, including its connection to the gut-brain axis, chronic physical illnesses, mental health disorders, and autonomic nervous system regulation. The interviewee, a consultant gastroenterologist, explained the importance of the vagus nerve beyond just the digestive system and how it can be evaluated and potentially treated through various non-invasive techniques.

NICE Guidelines: IPG679 - Implanted vagus nerve stimulation for treatment-resistant depression, IPG50 - Vagus nerve stimulation for refractory epilepsy in children.

### Principles and Standards of Practice

OSTEOPATHIC THEMES (Osteopathic Practice Standards 2019)

- A. Communication and patient partnership: A1, A2, A4, A5
- B. Knowledge, skills and performance: B1, B2, B3, B4
- C. Safety and quality in practice: C1, C6
- D. Professionalism: D10

This discussion is relevant to Communication and Consent.

### Certification

This certificate confirms that

**Paul Keilbart**

participated in this CPD event



**S L BRUCE, APM Director**

*Please note: the time shown on the certificate reflects the duration of the event. When claiming your CPD, you should ensure that you only claim for the time you were present. In the event of an audit, APM records can be used to show the time at which you logged in.*

**Evaluation, Reflection and Impact on Practice** *(this part of the certificate is **not** automatically generated - it has been entered by the participant)*