CPD EVENT RECORD

Case-Based Discussion



Summary

Two cases were discussed, both very unusual. In the first, a 69-year-old lady presented with acute, unilateral groin pain. GP and physio could not help, and xray was unremarkable. After MRI, the radiologist diagnosed Transient Osteoporosis, a condition more commonly seen in young men. An orthopaedic consultant advised hip replacement, despite the condition being know to resolve within a year.

The second was a fit, 39-year-old man with CTJ/first rib pain, aggravated by lying down and driving. After 2 weeks there was significant atrophy of the pec major on the affected side. Diagnosis was Parsonage Turner Syndrome, but a significant lesson learned was the importance of asking patients to undress for examination, as the muscle wastage could have been missed.



Evaluation, Reflection and Impact on Practice (this part of the certificate is **not** automatically generated - it has been entered by the participant)

These cases were particularly useful as they are such rare conditions, and it will help me identify instances in future. The reminder of the importance of asking patients to remove relevant clothing, even if this might be inconvenient, was very pertinent.