

# CPD EVENT RECORD

## Case-Based Discussion

**Live Event:**  
*Learning  
With Others*

The discussion concerned an active, 53-year-old man with unilateral genu varum and joint pain on walking more than a mile. X-rays showed bone-on-bone contact and retropatellar arthritic degeneration.

The question was whether conservative management would be beneficial, or whether the patient would be better advised to elect for surgery.

Options suggested included muscle strengthening, counterstrain technique, supplementation, electrotherapy, use of an offloader brace and acupuncture/dry needling. Use of appropriate language in discussing the condition was emphasised in order to avoid catastrophisation.

### Chiropractic Code 2016

**A** Put the health interests of patients first

A1 A2 A3 A4 A5 A6 A7

**B** Act with honesty & integrity. Maintain the highest standards of professional/personal conduct

B1 B2 B3 B4 B5 B6 B7 B8 B9

**C** Provide a good standard of clinical care and practice

C1 C2 C3 C4 C5 C6 C7 C8 C9

**D** Establish and maintain a clear professional relationship with patients

D1 D2 D3 D4

**E** Obtain informed consent for all aspects of patient care

E1 E2 E3 E4 E5 E6 E7

**G** Maintain, develop and work within your professional knowledge and skills

G1 G2 G3 G4 G5 G6

**H** Maintain and protect patient information

H1 H2 H3 H4 H5 H6 H7

### Certification

This certificate confirms that  
**Daniel Di Marcantonio**  
participated in this CPD event

  
S L BRUCE, APM Director

**45**  
minutes

**Learning with Others**  
Live, online discussion  
12<sup>th</sup> April 2023

### Confirmation

I confirm that this is an accurate reflection of my learning during this event.

Signed: .....

### Osteopathic Practice Standards 2019

**A** Communication and patient partnership

A1 A2 A3 A4 A5 A6 A7

**B** Knowledge, skills and performance

B1 B2 B3 B4

**C** Safety and quality in practice

C1 C2 C3 C4 C5 C6

**D** Professionalism

D1 D2 D3 D4 D5 D6  
D7 D8 D9 D10 D11 D12

### Objective Activity: Case-Based Discussion

Communication & Consent: No

**NICE Guidance:**

NG157

Joint replacement (primary): hip, knee and shoulder  
4<sup>th</sup> June 2020

  
Academy  
of PHYSICAL MEDICINE

### Evaluation, Reflection and Impact on Practice *(this part of the certificate is **not** automatically generated - it has been entered by the participant)*

A number of interesting suggestions were made regarding the treatment of this osteoarthritic, varus knee. This adds to my knowledge and leaves me better placed to advise patients on their treatment options in the future.