

# CPD EVENT RECORD

**Live Event:**  
*Learning  
With Others*

## Clinical Discussion - Preserving Patient Dignity

The discussion focussed on the need to ask patients to undress, how far they should undress and for how long. Emphasis was placed on gaining appropriate consent and being alert to signs that patients might be uncomfortable.

Several contributors said they no longer asked patients to undress, or that they only exposed the injured/painful part. A number recommended the use of gowns, or a separate, partitioned space in the treatment room where they could undress.

A great deal of importance was attached to good communications, both before and during the consultation, although it was recognised that patients could not be relied on to read websites or emails.

Inviting patients to wear clothing they were comfortable in (shorts/sports bra/tee shirt) was seen to be a good idea, and some practitioners felt it was helpful to keep a supply of disposable underwear, or spare shorts in the clinic.

### Chiropractic Code 2016

**A** Put the health interests of patients first

A1 A2 A3 A4 A5 A6 A7

**B** Act with honesty & integrity. Maintain the highest standards of professional/personal conduct

B1 B2 B3 B4 B5 B6 B7 B8 B9

**C** Provide a good standard of clinical care and practice

C1 C2 C3 C4 C5 C6 C7 C8 C9

**E** Obtain informed consent for all aspects of patient care

E1 E2 E3 E4 E5 E6 E7

**G** Maintain, develop and work within your professional knowledge and skills

G1 G2 G3 G4 G5 G6

**D** Establish and maintain a clear professional relationship with patients

D1 D2 D3 D4

**F** Communicate properly and effectively with patients, colleagues and other healthcare professionals

F1 F2 F3 F4 F5 F6

**H** Maintain and protect patient information

H1 H2 H3 H4 H5 H6 H7

### Certification

This certificate confirms that

**Daniel Di Marcantonio**

participated in this CPD event



S L BRUCE, APM Director

**45**  
minutes

**Learning with Others**

Live, online discussion

22<sup>nd</sup> June 2023

### Confirmation

I confirm that this is an accurate reflection of my learning during this event.

Signed: .....

### Osteopathic Practice Standards 2019

**A** Communication and patient partnership

A1 A2 A3 A4 A5 A6 A7

**B** Knowledge, skills and performance

B1 B2 B3 B4

**C** Safety and quality in practice

C1 C2 C3 C4 C5 C6

**D** Professionalism

D1 D2 D3 D4 D5 D6  
D7 D8 D9 D10 D11 D12

**Objective Activity: Clinical Discussion**  
**Communication & Consent: Yes**

  
Academy  
of PHYSICAL MEDICINE

### Evaluation, Reflection and Impact on Practice *(this part of the certificate is **not** automatically generated - it has been entered by the participant)*

This was a useful exploration of ideas concerning patient dignity/comfort and the need to undress to ensure a comprehensive examination. It has prompted me to revisit my communication procedures and ensure that I am providing the best service possible to patients.