

# CPD EVENT RECORD

## Case-Based Discussion

**Live Event:**  
*Learning  
With Others*

### Summary

This case concerned a very active 31-year-old man, who suffered low back pain after 10 minutes' running. His gait showed limited knee flexion and a very hard heel-strike, and he found it difficult to flex hips and knees when dressing. He had a right-sided limp which had first been noticed at about the age of 11.

Factors which were considered included the possibility of trauma-induced cerebral palsy, FAIS, slipped capital femoral epiphysis, chronically shortened muscles, Perthes Disease and focal dystonia.

It was agreed that imaging was needed to try to identify a cause, and that this might include specific imagery to detect CP.

A number of treatment approaches were suggested, including harmonic technique, MET and pelvic realignment.

### Chiropractic Code 2016

**A** Put the health interests of patients first

A1 A2 A3 A4 A5 A6 A7

**C** Provide a good standard of clinical care and practice

C1 C2 C3 **C4** C5 C6 **C7** C8 C9

**E** Obtain informed consent for all aspects of patient care

E1 E2 E3 E4 E5 E6 E7

**G** Maintain, develop and work within your professional knowledge and skills

**G1** G2 G3 G4 G5 G6

**B** Act with honesty & integrity. Maintain the highest standards of professional/personal conduct

B1 B2 B3 B4 B5 B6 B7 B8 B9

**D** Establish and maintain a clear professional relationship with patients

D1 D2 D3 D4

**F** Communicate properly and effectively with patients, colleagues and other healthcare professionals

**F1** F2 F3 F4 F5 F6

**H** Maintain and protect patient information

H1 H2 H3 H4 H5 H6 H7

### Certification

This certificate confirms that

**Daniel Di Marcantonio**

participated in this CPD event

  
S L BRUCE, APM Director

**45**  
minutes

**Learning with Others**

Live, online discussion  
9<sup>th</sup> November 2022

### Confirmation

I confirm that this is an accurate reflection of my learning during this event.

Signed: .....

### Osteopathic Practice Standards 2019

**A** Communication and patient partnership

A1 A2 A3 A4 A5 A6 A7

**B** Knowledge, skills and performance

**B1** B2 B3 B4

**C** Safety and quality in practice

**C1** C2 **C3** C4 C5 C6

**D** Professionalism

D1 D2 D3 D4 D5 D6  
D7 D8 D9 **D10** D11 D12

**Objective Activity: Case-Based Discussion**

Communication & Consent: No

  
Academy  
of PHYSICAL MEDICINE

**Evaluation, Reflection and Impact on Practice** (this part of the certificate is **not** automatically generated - it has been entered by the participant)

This was a challenging case, which threw up a number of diagnostic possibilities. It was helpful to hear others' approach to the problem and this will inform my own handling of future patients.