CPD EVENT RECORD

TREATMENT AFTER HYSTERECTOMY

with Kelston Chorley MSc (Ost)



This discussion explored the role of visceral treatment following hysterectomy. It considered safety issues, such as the minimum time after surgery, as well as indications: signs and symptoms.

Communication and consent aspects were covered, particularly where internal procedures or treatment around intimate areas were involved. The absence of robust evidence was explained, and was balanced by an explanation of the anatomical principles behind visceral treatment. Other aspects of visceral treatment were also covered: pelvic pain, testicular pain, groin pain. The need to remain open minded during the diagnostic process was emphasised, avoiding the temptation to pursue a particular style of treatment without considering other approaches.



Evaluation, Reflection and Impact on Practice (this part of the certificate is **not** automatically generated - it has been entered by the participant)

It was reassuring to hear Kelston discuss how delivering treatment which has limited "acceptable evidence" behind it can be delivered ethically and successfully. I was interested to hear some of the conditions amenable to a visceral approach, and found it helpful, to be reminded of the consent issues. All of this will help me ensure my practice is safe, and patients handled correctly.