## CPD EVENT RECORD THE PSYCHOLOGY OF COMMUNICATION AND COMPLIANCE

with Claire Minshull PhD and Serena Simmons CPsychol

## Summary

This broadcast highlighted a "Joint Approach" to rehabilitation involving psychology, rehabilitation and physical therapy. The approach had been trialled successfully and was being employed in an NHS context as well as privately. The main element of the discussion concerned psychology, and a number of approaches were outlined which could improve patient outcomes. Strategies for dealing with difficult patients, coping with "impostor syndrome", and handling situations where the practitioner did not have the necessary knowledge were discussed.

**Live Event:** 

Learning

With Others



Evaluation, Reflection and Impact on Practice (this part of the certificate is **not** automatically generated - it has been entered by the participant)

This was a very helpful insight into how the subtleties of communication with patients can affect compliance and outcomes. I will be looking to adopt several of the techniques into my own practice from now on.