

# CPD EVENT RECORD

## PSYCHOSEXUAL THERAPY

with Dr Gillian Vanhegen

**Live Event:**  
Learning  
With Others

### Summary

This discussion explored aspects of communication related to psychosexual problems. Non-verbal cues and warnings were considered, as well as appropriate responses to a patient revealing sensitive information of this nature. The need to adapt one's communication to suit the situation and the patient was explained.

The importance of observing boundaries was recognised, together with the need to remain conscious of the limits of one's expertise, referring to more qualified practitioners where necessary.

Accurate note-taking was emphasised, as this is an aspect of practice which could easily lead to misunderstandings and, potentially, complaints. The role of the chaperone was also covered, and training opportunities for both practitioner and chaperone discussed.

### Chiropractic Code 2016

**A** Put the health interests of patients first

A1 A2 **A3** A4 A5 A6 A7

**B** Act with honesty & integrity. Maintain the highest standards of professional/personal conduct

B1 B2 B3 B4 B5 B6 B7 B8 B9

**C** Provide a good standard of clinical care and practice

C1 C2 C3 C4 C5 **C6** C7 C8 C9

**E** Obtain informed consent for all aspects of patient care

E1 E2 E3 E4 E5 E6 E7

**G** Maintain, develop and work within your professional knowledge and skills

G1 G2 **G3** G4 G5 G6

**D** Establish and maintain a clear professional relationship with patients

D1 D2 **D3** D4

**F** Communicate properly and effectively with patients, colleagues and other healthcare professionals

F1 F2 **F3** F4 F5 F6

**H** Maintain and protect patient information

H1 H2 **H3** H4 H5 H6 H7

### Certification

This certificate confirms that  
**Rubina Ali**  
participated in this CPD event

  
S L BRUCE, APM Director

**90**  
minutes

**Learning with Others**  
Live, online discussion  
27<sup>th</sup> September 2022

### Confirmation

I confirm that this is an accurate reflection of my learning during this event.

Signed: .....

### Osteopathic Practice Standards 2019

**A** Communication and patient partnership

A1 A2 A3 A4 **A5** A6 A7

**B** Knowledge, skills and performance

B1 B2 B3 B4

**C** Safety and quality in practice

C1 **C2** C3 C4 C5 C6

**D** Professionalism

D1 **D2** D3 D4 D5 D6  
D7 D8 D9 **D10** D11 D12

Objective Activity: None  
Communication & Consent: Yes

  
Academy  
of PHYSICAL MEDICINE

### Evaluation, Reflection and Impact on Practice *(this part of the certificate is **not** automatically generated - it has been entered by the participant)*

This was an important reminder that patients might have underlying emotional problems of a very sensitive nature, and the guidance on how to handle situations where these are made known in clinic was as very helpful. It will contribute to my providing better advice to patients, and by helping them access appropriate psychotherapy will improve the results of my treatment for MSK problems.