

# CPD EVENT RECORD

## ACL AND MENISCAL TEARS

with Mr Ian McDermott

**Live Event:**  
Learning  
With Others

The speaker first put paid to the commonly-held belief that there is no place for arthroscopic surgery. He explained when it was appropriate and when not, but did emphasise that there are almost no circumstances when a knee wash-out is appropriate, in the absence of any other concurrent arthroscopic intervention. He also outlined the decision pathways for determining whether conservative care or surgery was appropriate.

Regarding ACL reconstruction, again he explained how to assess whether surgery or conservative care was best, and explained which cases were likely to do well after reconstruction.

### Chiropractic Code 2016

**A** Put the health interests of patients first

A1 A2 A3 A4 A5 A6 A7

**C** Provide a good standard of clinical care and practice

C1 C2 C3 C4 C5 **C6** C7 C8 C9

**E** Obtain informed consent for all aspects of patient care

E1 E2 E3 E4 E5 E6 E7

**G** Maintain, develop and work within your professional knowledge and skills

G1 G2 G3 G4 **G5** G6

**B** Act with honesty & integrity. Maintain the highest standards of professional/personal conduct

B1 B2 B3 B4 B5 B6 B7 B8 B9

**D** Establish and maintain a clear professional relationship with patients

D1 D2 D3 D4

**F** Communicate properly and effectively with patients, colleagues and other healthcare professionals

F1 F2 **F3** F4 F5 F6

**H** Maintain and protect patient information

H1 H2 H3 H4 H5 H6 H7

### Certification

This certificate confirms that  
**Gayathri Liyanaarachchi**  
participated in this CPD event

  
S L BRUCE, APM Director

**45**  
minutes

**Learning with Others**  
Live, online discussion  
27<sup>th</sup> February 2023

### Confirmation

I confirm that this is an accurate reflection of my learning during this event.

Signed: .....

### Osteopathic Practice Standards 2019

**A** Communication and patient partnership

A1 A2 **A3** A4 A5 A6 A7

**B** Knowledge, skills and performance

B1 B2 B3 B4

**C** Safety and quality in practice

C1 C2 C3 C4 C5 C6

**D** Professionalism

D1 D2 D3 D4 D5 D6  
D7 D8 D9 **D10** D11 D12

Objective Activity: None  
Communication & Consent: No

  
Academy  
of PHYSICAL MEDICINE

### Evaluation, Reflection and Impact on Practice (this part of the certificate is **not** automatically generated - it has been entered by the participant)

This was a useful summary of the indicators for surgery or other care and will be very helpful in my clinical decision-making, as well as in my ability to explain their options clearly to patients.