## **CPD EVENT RECORD**

## **ARTICULAR GRAFTING**

with Mr Ian McDermott



## **Summary**

This discussion concentrated on the current options for treating articular damage in the knee, and was presented by an eminent orthopaedic consultant. The pros and cons of the various methods of chondroplasty, tissue grafting, meniscal transplant and knee replacement were explained, and the likely rehab procedures outlined. The discussion also covered biological knee replacement, focal resurfacing and stem cell issues.



Evaluation, Reflection and Impact on Practice (this part of the certificate is not automatically generated - it has been entered by the participant)

This training furthered my understanding of the surgical options for treating the knee and will help me guide patients more effectively, as well as ensuring that the rehab advice I give is up-to-date.