



Continuing Professional Development

Participated in the 7-hours learning with others CPD course
'Emergency First Aid' on 5 July 2025

Emergency First Aid – 5 July 2025

Summary of Osteopathic Practice Standards and other CPD elements covered

B Knowledge, skills and performance – B1, B2, B3

C Safety and quality in practice – C1, C4

Learning outcomes

- Understand the legalities of duty and standard of care, professional obligation and scope of practice.
- Understand the primary survey: AcBCDE.
- Understand how to perform basic life support and defibrillation according to the Resuscitation Council Guidelines 2015.
- Learn the assessment and management of the unconscious casualty: GCS/AVPU
- Understand the latest perspectives in head injury/concussion assessment: Berlin consensus assessment and management of neck injury: JRCALC
- Learn the management of trauma in medical and environmental scenarios: case studies and open forum – asthma, anaphylaxis, hypoglycaemia, seizures, etc.

Reflection

- What were your reasons for undertaking the activity?
- What knowledge and skills did you gain?
- What impact is this activity likely to have on your practice as an Osteopath?
- Has the activity highlighted any other learning needs and if so, how will these be addressed?
- Overall reflection