

# CPD EVENT RECORD

## Case-Based Discussion

**Live Event:**  
*Learning  
With Others*

This discussion focused on headaches, and was illustrated and informed by 2 case studies. In one, the likely cause was trauma, while in the other the headache was not the reason for presentation, but the question concerned how a practitioner raised the possibility that they could help with a potentially sceptical patient.

Various approaches were explored, including cranio-sacral/sacro-occipital, soft tissue, articulation and manipulation. The value of the EdACHe process was recommended as an evidence-informed means of identifying the type of headache and best means of treatment.

### Chiropractic Code 2016

**A** Put the health interests of patients first

A1 A2 **A3** A4 A5 A6 A7

**C** Provide a good standard of clinical care and practice

C1 C2 C3 C4 **C5** C6 C7 C8 C9

**E** Obtain informed consent for all aspects of patient care

E1 E2 E3 E4 E5 E6 E7

**G** Maintain, develop and work within your professional knowledge and skills

G1 G2 G3 G4 **G5** G6

**B** Act with honesty & integrity. Maintain the highest standards of professional/personal conduct

B1 B2 B3 B4 B5 B6 B7 B8 B9

**D** Establish and maintain a clear professional relationship with patients

D1 D2 D3 D4

**F** Communicate properly and effectively with patients, colleagues and other healthcare professionals

F1 F2 **F3** F4 F5 F6

**H** Maintain and protect patient information

H1 H2 H3 H4 H5 H6 H7

### Certification

This certificate confirms that

**Hugo Saad**

participated in this CPD event



S L BRUCE, APM Director

**45**  
minutes

**Learning with Others**

Live, online discussion

21<sup>st</sup> March 2023

### Confirmation

I confirm that this is an accurate reflection of my learning during this event.

Signed: .....

### Osteopathic Practice Standards 2019

**A** Communication and patient partnership

A1 **A2** A3 A4 A5 A6 A7

**B** Knowledge, skills and performance

B1 B2 B3 B4

**C** Safety and quality in practice

C1 C2 C3 C4 C5 C6

**D** Professionalism

D1 D2 D3 D4 D5 D6  
D7 D8 D9 **D10** D11 D12

**Objective Activity: Case-Based Discussion**

**Communication & Consent: Yes**

**NICE Guidance:**

CG150 Headaches in over 12s: Diagnosis and Management

Updated 17 December 2021

  
Academy  
of PHYSICAL MEDICINE

### Evaluation, Reflection and Impact on Practice *(this part of the certificate is **not** automatically generated - it has been entered by the participant)*

Although this discussion concerned headaches, the main value was in exploring communication issues and it is always useful to be reminded of these. It was also useful to be reminded that sudden onset of headache can be a symptom of CVA.