CPD EVENT RECORD

Case-Based Discussion

Summary

This case concerned a 23-year-old man with facial palsy, loss of balance and strength, and a stutter after a motorcycle accident. Despite his head (helmet) hitting the ground hard, he had not lost consciousness. Two MRI scans had revealed no brain abnormality. He presented some 2 years later, with intermittent facial palsy and stammering, with loss of memory affecting his ability to perform daily tasks. On examination, there was a reduced muscle tone throughout the body, but nothing in the cervical or lumbar spine to explain the acute onset of pain. Suggestions for tests and interventions included computerised neuropsychological testing; finger tapping test to reveal cerebellar dysfunction; concussion rehabilitation (for example aerobic conditioning on a static bike); REM rehab. cranial work on the Broca's speech centre; soft tissue tension in temporalis and epicranium; mental and emotional vectors, not forgetting pre-existing trauma that can be re-triggered. There was a reminder that patients are entitled to copies of their medical records (including) scans, should they request them.



Evaluation, Reflection and Impact on Practice (this part of the certificate is not automatically generated - it has been entered by the participant)

Today's case was a reminder that we are seeing increasing numbers of "complex patients" since the pandemic, and the ideas which arose will be very helpful in some of those cases. It was also useful to hear how complementary therapy can work successfully alongside allopathic treatment.