

# CPD EVENT RECORD

## CAUDA EQUINA SYNDROME

with James Booth

**Live Event:**  
*Learning  
With Others*

This discussion focused on the new UK national guidelines for dealing with suspected Cauda Equina Syndrome, part of the "Getting It Right First Time" (GIRFT) programme.

The anatomy relating to CES was revised and classifications of CES explained, together with likely symptoms and potential consequences. The significance of CES, both in terms of cost to the NHS and effect on patients, was highlighted and the potential for litigation in the event of negligent failure to handle the condition appropriately emphasised.

The timelines and best mechanisms for referral for hospital investigation were explained in detail, as was the need for appropriate communication skills. Essential questions for identifying CES were explained, and strategies for obtaining necessary information without causing offence or undue concern were provided. Good communication skills and accurate recording of findings were of utmost importance.

### Chiropractic Code 2016

**A** Put the health interests of patients first

A1 A2 **A3** A4 A5 A6 A7

**C** Provide a good standard of clinical care and practice

C1 C2 C3 C4 C5 C6 C7 C8 C9

**E** Obtain informed consent for all aspects of patient care

E1 E2 E3 E4 E5 E6 E7

**G** Maintain, develop and work within your professional knowledge and skills

G1 G2 G3 G4 **G5** G6

**B** Act with honesty & integrity. Maintain the highest standards of professional/personal conduct

B1 B2 B3 B4 B5 B6 B7 B8 B9

**D** Establish and maintain a clear professional relationship with patients

D1 D2 D3 D4

**F** Communicate properly and effectively with patients, colleagues and other healthcare professionals

F1 F2 **F3** F4 F5 F6

**H** Maintain and protect patient information

H1 H2 H3 H4 H5 H6 H7

### Certification

This certificate confirms that  
**Hugo Saad**  
participated in this CPD event

  
S L BRUCE, APM Director

**90**  
minutes

**Learning with Others**  
Live, online discussion  
18<sup>th</sup> April 2023

### Confirmation

I confirm that this is an accurate reflection of my learning during this event.

Signed: .....

### Osteopathic Practice Standards 2019

**A** Communication and patient partnership

A1 A2 A3 A4 A5 A6 A7

**B** Knowledge, skills and performance

B1 B2 B3 B4

**C** Safety and quality in practice

C1 C2 C3 C4 C5 C6

**D** Professionalism

D1 D2 D3 D4 D5 D6  
D7 D8 D9 **D10** D11 D12

Objective Activity: None

**Communication & Consent: Yes**

**NHS Guidance:**

National Suspected Cauda Equina Syndrome  
Pathway  
Dated February 2023

  
Academy  
of PHYSICAL MEDICINE

### Evaluation, Reflection and Impact on Practice *(this part of the certificate is **not** automatically generated - it has been entered by the participant)*

This was a very important piece of CPD, and my key takeaway is that I can contact the on-call spinal or orthopaedic fellow at the hospital in order to expedite referrals, should the need arise. This will be a major factor in getting the best result for any patients at risk of CES.