CPD EVENT RECORD CHRONIC PAIN - A PRACTITIONER RESOURCE

with Pippa Cossens

Summary

This discussion concerned a useful resource for practitioners dealing with patients' chronic pain. Intended mainly for patients, helping to provide them with the means to deal with the many components of chronic pain, it also offered a support platform for practitioners. Psychological aspects of chronic pain were discussed, but it was made clear that practitioners should not stray from their own areas of expertise - SIRPA was recommended as a reliable resource in more complex cases.

Live Event:

Learning

With Others

Evidence was provided for the protocols, but it was acknowledged that a greater body of evidence would be useful.



Evaluation, Reflection and Impact on Practice (this part of the certificate is **not** automatically generated - it has been entered by the participant) **This was very helpful in reminding me of the factors contributing to chronic pain, and has provided me with a useful resource in helping improve outcomes in such cases.**