CPD EVENT RECORD

TREATING TRANS PEOPLE - BEYOND BASICS

with Simon Croft

Recording: Learning by Oneself

Evaluation, Reflection and Impact on Practice

Summary

This training looked at how clothing worn by some trans people, in particular binders, might affect their physical injuries or overall health. The speaker discussed how binders and other clothing/prostheses might also affect a trans person's willingness to attend clinic or to undress once there. Aspects of how mental health might affect treatment the way in which they are treated in clinic was also covered and opportunities to make a clinic more welcoming were outlined.

Reflection

I felt this training was necessary to ensure that I am prepared for the different challenges which might arise when trans people present for treatment in my clinic. This training has helped me further my inclusive, non-discriminatory approach to patients, not least by highlighting aspects of language or behaviour which might unintentionally cause offence.

Chiropractic Code 2016 Put the health interests of Act with honesty & A patients first integrity. Maintain the highest standards of professional/personal conduct B1 B2 B3 B4 B5 B6 B7 B8 B9 A1 A2 A3 A4 A5 A6 A7 Establish and maintain a clear professional Provide a good standard of clinical care and practice relationship with patients C1 C2 C3 C4 C5 C6 C7 C8 C9 D1 D2 D3 D4 Obtain informed consent for all aspects of patient Communicate properly and effectively with patients, colleagues and other healthcare professionals E1 E2 E3 E4 E5 E6 E7 F1 F2 F3 F4 F5 F6 ■ Maintain and protect Maintain, develop and work within your patient information professional knowledge and

G1 G2 G3 G4 **G5** G6

H1 H2 H3 H4 H5 H6 H7



Confirmation I confirm that the figure shown accurately reflects the time spent by me on this event. Signed: **Osteopathic Practice Standards 2019** Knowledge, skills and Communication and A patient partnership performance A1 A2 A3 A4 A5 A6 A7 B1 B2 B3 B4 Professionalism Safety and quality in practice D1 D2 D3 D4 D5 D6 C1 C2 C3 C4 C5 C6 D7 D8 D9 D10D11D12

Objective Activity: None
Communication & Consent: Yes